Religion and Health

Objective:
1) Familiarize students with the relationship between health and religion
2) Acquaint students with online research tools

Activity:
As a class, take the Food, Health, and Faith quiz in the Religion Quizzes section the The Learning Center on The ARDA

As a class, take the For Better or Worse, Religion and Mental Health quiz in the Religion Quizzes section of The Learning Center on The ARDA

Assessment:
Drawing on what they now know, direct students to write a response paper to one of the many Ahead of the Trend articles concerning religion and health

Suggested readings: